

Community Food Cupboard Inc

Executive Director / CEO

EIN 030335781
 VT · NTEE K31Z
 FY ending 2024-06-30
 June 9, 2026

This analysis benchmarks the total compensation of **Martha Carey, Executive Director / CEO** (\$66,888) against **every comparable organization** that fit the selection criteria — **83** in total — drawn systematically from IRS Form 990 filings, not a hand-picked subset.

Compensation sits at approximately the **77th** percentile of comparable organizations within the typical range

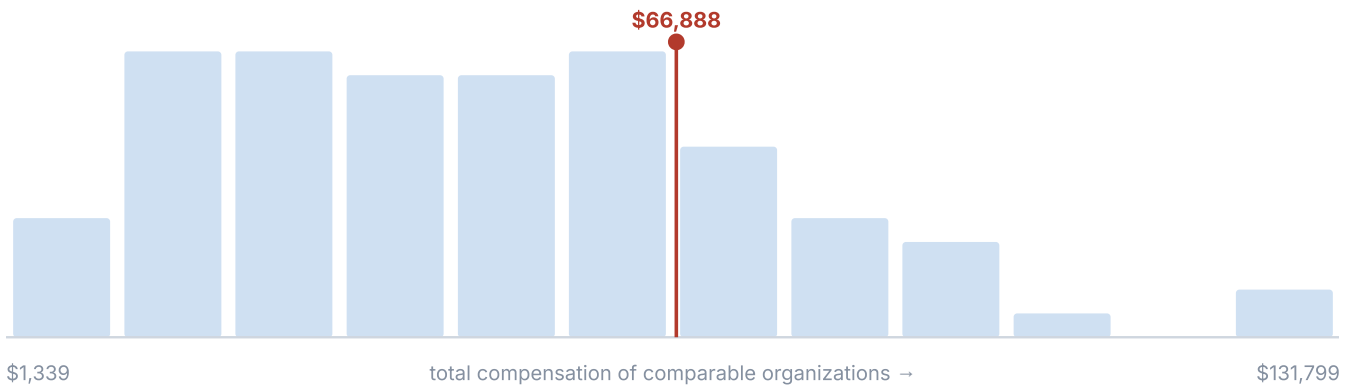
Benchmarked executive: Martha Carey — reported title "ADMINISTRATOR", selected as the organization's **highest-paid individual** — no exact title match, so confirm this is a comparable role.

How comparable organizations were selected

- SECTOR** Organizations sharing the subject's NTEE classification (K31Z).
- BUDGET** Total revenue between \$318,798 and \$713,728 — 0.67x to 1.50x the subject's \$475,819 (the band tightens as size grows).
- GEOGRAPHY** Same NTEE sector (K31), nationwide + budget 0.67–1.5x revenue.

83 organizations qualified on sector, size, and geography → **83** within the band form the benchmarked peer set.

Distribution of comparable compensation



| | | | | | |
|----------|----------|----------|----------|----------|----------|
| \$15,109 | \$27,343 | \$46,267 | \$65,888 | \$80,038 | \$66,888 |
|----------|----------|----------|----------|----------|----------|

| | | | | | |
|------|------|--------|------|------|-----------------|
| 10TH | 25TH | MEDIAN | 75TH | 90TH | THIS ORG · 77TH |
|------|------|--------|------|------|-----------------|



● Comparable organizations

Each figure is Form 990 Part VII columns D + F (reportable pay plus other compensation and benefits; column F may include amounts from related organizations), normalized to VT cost of living (BEA RPP, 2023) and to its filing year (CPI-U); the reported amount is on each linked 990.

| ORGANIZATION | STATE | REVENUE | MATCHED TITLE | COMP (REPORTED) | COMP (ADJUSTED) | FY |
|---|-------|-----------|-----------------------|-----------------|-----------------|------|
| Waconia United Food Shelf | MN | \$475,346 | Executive Di | \$82,207 | \$80,703 | 2024 |
| Anchor Point Food Pantry | AK | \$474,331 | Executive Dir. | \$5,196 | \$4,935 | 2024 |
| Lamar County Food Pantry Inc | TX | \$469,326 | Executive Director | \$61,311 | \$62,732 | 2023 |
| Vanburen Council For Human Services | CA | \$468,514 | Daniels | \$41,000 | \$35,174 | 2024 |
| The 1017 Project | OR | \$468,316 | Executive Director | \$46,500 | \$42,903 | 2024 |
| Community Bread Basket Inc | WV | \$467,093 | Program Administrator | \$27,366 | \$30,307 | 2023 |
| Pickerington Food Pantry | OH | \$466,338 | Executive Di | \$74,420 | \$78,311 | 2024 |
| Irvington My Brothers Keeper Inc | MD | \$466,068 | Secretary | \$69,648 | \$66,603 | 2023 |
| Hope-net | CA | \$465,680 | Executive Director | \$61,442 | \$54,268 | 2023 |
| Gap Ministries Of Augusta Inc | GA | \$486,802 | Executive Director | \$58,000 | \$57,940 | 2024 |
| Elmore County Food Pantry Inc | AL | \$488,214 | Director/manager | \$31,200 | \$34,478 | 2023 |
| Joyce Uptown Foodshelf Inc | MN | \$462,537 | Director | \$62,271 | \$62,937 | 2023 |
| Adams County Emergency Food Bank | CO | \$461,512 | Executive Director | \$76,014 | \$74,554 | 2023 |
| Fish & Loaves | MI | \$461,198 | Executive Director | \$75,000 | \$79,182 | 2023 |
| Sharefest Will County | IL | \$460,087 | President Director | \$5,333 | \$5,209 | 2024 |
| Topss | OH | \$459,037 | Executive Director | \$51,931 | \$54,646 | 2024 |
| Hamilton County Harvest Food Bank Inc | IN | \$454,143 | Exec Director | \$40,000 | \$41,909 | 2024 |

| ORGANIZATION | STATE | REVENUE | MATCHED TITLE | COMP (REPORTED) | COMP (ADJUSTED) | FY |
|--|-------|-----------|--------------------|-----------------|------------------|------|
| Middlebury Food Pantry | IN | \$499,461 | Executive Director | \$62,308 | \$65,281 | 2024 |
| Parkland Cares Food Pantry | PA | \$500,525 | Executive Di | \$37,500 | \$37,154 | 2024 |
| Uproot Colorado | CO | \$450,552 | Executive Dir. | \$64,725 | \$61,661 | 2024 |
| Warehouses4good | TX | \$507,893 | Executive Dir. | \$53,084 | \$52,756 | 2024 |
| Franklin Area Community Services Inc | OH | \$443,173 | Executive Director | \$25,667 | \$27,009 | 2024 |
| The Bread Of Life Inc | NC | \$508,582 | Exective Director | \$26,961 | \$27,677 | 2024 |
| Lander Care And Share Food Bank | WY | \$514,099 | Executive Director | \$12,375 | \$13,165 | 2024 |
| Oklahoma Black Historical Research Project Inc | OK | \$516,113 | Executive Director | \$118,032 | \$129,127 | 2024 |

Comp (reported) is the figure on each organization's Form 990 (columns D + F); **Comp (adjusted)** normalizes it to VT cost of living and 2024 dollars. Click any organization to verify the figure on ProPublica.

■ Methodology

Comparable organizations were drawn from electronically filed IRS Form 990 returns and matched on sector (NTEE code), budget (a size-adaptive revenue band that tightens as the organization grows), and geography (same-state first, broadening only when too few peers qualify); every organization within the band forms the peer set. To compare fairly across regions and years, peer compensation is normalized to VT cost of living (BEA Regional Price Parities, 2023) and to the subject's filing year (CPI-U). The figure benchmarked is Form 990 Part VII, Section A, columns D + F — reportable pay plus other compensation, benefits, and deferred amounts (column F may include amounts from related organizations) — with the chief executive matched by role. Related-organization amounts (column E) and institutional trustees are excluded. Full methodology: peerbasis.org/methodology.

■ Sample, role match & sensitivity

PEER COUNT 83 organizations. Compensation range \$1,339–\$131,799; filing years 2023–2025.

SIZE BASIS Matched on total revenue (\$475,819); for reference, expenses \$253,364 and assets \$944,645. **Revenue and expenses diverge this year — revenue may misrepresent operating size; weigh the expense-based view.**

ROLE MATCH Martha Carey, reported title "*ADMINISTRATOR*", benchmarked as Executive Director / CEO. **Selected as the organization's highest-paid individual without an exact title match — the board should confirm this is a comparable role.**

RELATED-ORG PAY 4 peers report related-organization compensation (column E), which the D + F benchmark does not fully capture; review where material.

OUTLIERS 2 peers fall outside 1.5× the interquartile range — consider whether any reflect one-time payments (severance, deferred-comp payouts).

Sensitivity — the subject's percentile under alternative compensation definitions:

| BASIS | SUBJECT PERCENTILE |
|---|--------------------|
| Total compensation (D + F), cost-of-living + inflation adjusted — the PeerBasis default | 77 th |
| Total compensation (D + F), as reported (no adjustments) | 75 th |
| Reportable pay only (column D), adjusted | 78 th |
| All sources (D + E + F), adjusted | 73 rd |

If the percentile moves materially across these definitions, the result is sensitive to methodology choices, and the board should weigh which basis best fits its facts.

● **Rebuttable presumption of reasonableness · 26 CFR 53.4958-6**

Compensation paid by a tax-exempt organization is presumed reasonable — shifting the burden to the IRS — when three requirements are met. This report supplies the comparability data for the second. The board should record the following in its minutes *concurrently* with its decision:

Draft board minutes – executive compensation

1. The compensation of the Executive Director / CEO (Martha Carey) was approved in advance by [the Board / Compensation Committee], composed of members with no conflict of interest with respect to the arrangement.
2. Prior to its determination, the authorized body obtained and relied upon appropriate comparability data, namely the PeerBasis Compensation Comparability Determination dated June 9, 2026, comparing compensation against 83 similarly situated organizations (Same NTEE sector (K31), nationwide + budget 0.67–1.5× revenue).
3. The authorized body determined that total compensation of \$66,888 is reasonable (approximately the 77th percentile of comparable organizations) and documented the basis for this determination concurrently, on [date], by a vote of [__ for / __ against].

Sources: IRS Form 990 e-file data (apps.irs.gov); IRS Business Master File (NTEE classification). Every figure traces to an original public filing — click any organization above to verify it on ProPublica. PeerBasis is a service of Prismind Analytics; its [methodology is published](#), was commissioned for independent adversarial review, and discloses its own limitations. This report is comparability data to support a board's good-faith determination under IRC 4958; it is not legal or tax advice. Generated by PeerBasis on June 9, 2026.